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INSTITUTO DE CIÊNCIAS BÁSICAS DA SAÚDE  
CURSO DE ESPECIALIZAÇÃO EM MICROBIOLOGIA CLÍNICA

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**COMPARAÇÃO DE DESEMPENHO ENTRE A METODOLOGIA ASPERGILLUS  
POR ENSAIO DE FLUXO LATERAL E ELISA PARA DETECTAR O ANTÍGENO  
GALACTOMANNAN NO DIAGNÓSTICO DE ASPERGILOSE INVASIVA**

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Trabalho de conclusão de curso de especialização apresentado ao Instituto de Ciências Básicas da Saúde da Universidade Federal do Rio Grande do Sul como requisito parcial para a obtenção do título de Especialista em Microbiologia Clínica.

Orientador: Prof. Dr. Valério Rodrigues Aquino

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## RESUMO

A Aspergilose Invasiva (AI) é uma doença infecciosa oportunista, causada pelo fungo do gênero *Aspergillus* spp., o qual acomete principalmente pacientes imunocomprometidos. É responsável por elevada taxa de morbimortalidade nesses indivíduos, se não for diagnosticada o mais breve possível. Por quanto, a capacidade de tratar essas infecções depende diretamente do diagnóstico precoce, bem como da identificação das espécies presentes em cada hospedeiro. Entretanto, os métodos diagnósticos clássicos estão longe de ser adequados. Visto que, requer testes invasivos em pacientes gravemente enfermos, o que muitas vezes é inviável. O desenvolvimento de ensaios para detectar os biomarcadores do antígeno Galactomannan (GM) de pacientes com risco de AI melhorou significativamente o manejo dela. No entanto, o teste convencional imunoenzimático tem um alto custo e tempo de resposta. Devido a esses fatores tem sido desenvolvido metodologias menos laboriosas, como o teste de Fluxo Lateral (LFA – GM) para o diagnóstico AI. Diante do exposto o objetivo do presente trabalho, com base na literatura, foi avaliar o desempenho da metodologia de Fluxo Lateral (LFA - GM) e comparar com o teste ELISA – GM, usualmente utilizado para detecção do antígeno Galactomannan e contrapor com dados analisados do laboratório de microbiologia do Hospital de Clínicas de Porto Alegre. Por conseguinte, a metodologia GM-LFA mostrou excelente desempenho para o diagnóstico de IA em pacientes pré-dispostos a doença e pode ser uma opção confiável em ambientes onde o teste ELISA - GM não é viável.

**Palavras-chave:** Galactomannan, Fluxo lateral, Aspergilose invasiva, ELISA GM.

## ABSTRACT

Invasive Aspergillosis (IA) is an opportunistic infectious disease caused by the fungus of the genus *Aspergillus* spp. It is responsible for a high rate of morbidity and mortality in these individuals, if not diagnosed as soon as possible. Therefore, the ability to treat these infections depends directly on early diagnosis, as well as on the identification of the species present in each host. However, classical diagnostic methods are far from adequate. Since it requires invasive testing in severely ill patients, this is often not feasible. The development of assays to detect the galactomannan (GM) antigen biomarkers of patients at risk of IA has significantly improved the management of IA. However, the conventional enzyme immunoassay has a high cost and turnaround time. Due to these factors less laborious methodologies have been developed, such as the Lateral Flow Assay (LFA-GM) for IA diagnosis. The objective of this study, based on the literature, was to evaluate the performance of the LFA-GM methodology and compare it with the ELISA-GM test usually used to detect the galactomannan antigen and compare it with data analyzed in the microbiology laboratory of the Hospital de Clínicas de Porto Alegre. Therefore, the GM-LFA methodology showed excellent performance for AI diagnosis in patients pre-disposed to the disease and may be a reliable option in settings where the ELISA - GM test is not feasible.

**Keywords:** Galactomannan, lateral flow, Invasive aspegilosis, GM ELISA.

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## 1 INTRODUÇÃO

A Aspergilose Invasiva (AI) é uma doença fúngica invasiva (DFI) causada por fungos filamentosos do gênero *Aspergillus* spp. que acomete principalmente pacientes imunocomprometidos, sendo o principal fator de risco é a neutropenia prolongada.<sup>1</sup>

A doença é causada pelo microrganismo do gênero *Aspergillus*, os quais são caracterizados como fungos filamentosos, hialinos, septados. Estão presentes no ambiente, no solo, onde há matéria orgânica em decomposição. Reproduzem-se assexuadamente através da produção de conídios, estruturas esféricas de camada externa hidrofóbica e tamanho relativamente pequeno com facilidade de dispersão no ar.<sup>2</sup> Estas estruturas são produzidas em grandes quantidades e os humanos podem inalar centenas destas diariamente. A infecção em humanos se inicia pelo trato respiratório, pela inalação dos seus esporos presentes no ar. Além disso, há evidências que fatores relacionados ao clima favorece a permanência do fungo no local e a sua relação hospedeiro parasita.<sup>3,4</sup>

Este gênero apresenta mais de 250 espécies, divididos em subgêneros ou complexos de espécies, no entanto apenas algumas são patogênicas ao homem, em destaque: *Aspergillus fumigatus*, o qual é responsável pela maioria das infecções, seguido por *A. flavus*, *A. niger* e *A. terreus*, há ainda evidências de outras espécies, que também tem destaque em pacientes imunodeprimidos.<sup>3,5</sup>

Eles têm a capacidade de causar uma variedade de doenças aos humanos, variando desde alergias até formas mais graves e invasivas. Esta última é definida como Aspergilose Invasiva, sendo a mais grave a Aspergilose Pulmonar Invasiva (API), a qual está relacionada a elevada taxa de morbidade e a mortalidade, que varia de 70 a 90% nesses pacientes.<sup>6</sup> No entanto a sua a gravidade dependerá da resposta imunológica do indivíduo ao patógeno, visto que, ela afeta principalmente pacientes imunocomprometidos.<sup>7</sup>

A Aspergilose Invasiva acomete principalmente pacientes Hematológicos, pós transplantados halogênicos de células tronco, transplantados de órgãos sólidos, indivíduos com alguma patologia pré-existente, com tumores sólidos, distúrbios autoimunes, imunodeficiência congênita ou doenças pulmonares crônicas, assim como, aqueles em tratamento com imunossupressores ou quimioterápicos. Entretanto, há também relatos na literatura do acometimento de pessoas fora do grupo de risco, mas que estão gravemente enfermos, internados em unidade de terapia intensiva.<sup>3,4,7</sup>

Além disso, recentemente AI tem acometido e agravado o prognóstico de pacientes internados em centro de terapia intensiva com influenza grave e infecção por síndrome

respiratória aguda grave coronavírus 2 (SARS-CoV2). A mortalidade nesses indivíduos pode chegar a 50%.<sup>8</sup>

Por conseguinte, o prognóstico não favorável da API é consequência tanto da imunossupressão do paciente quanto da inexatidão do diagnóstico clínico, visto que, a doença não apresenta sinais e sintomas específicos. Logo, devido a esses fatores, ocorre um atraso no início do tratamento, o que resulta no agravamento do quadro ou até mesmo a morte do paciente. Portanto, o diagnóstico precoce e específico é um fator fundamental para a diminuição da mortalidade. No entanto, devido a limitação da identificação do fungo, existe uma busca constante de exames que possam indicar a presença de *Aspergillus* spp. no paciente imunodeprimido.<sup>9</sup>

Por quanto, a capacidade de tratar essas infecções depende diretamente do diagnóstico precoce, bem como da identificação das espécies presentes em cada hospedeiro.

### 1.1 DIAGNÓSTICO DA ASPERGILOSE INVASIVA E A DETECÇÃO DO ANTÍGENO GALACTOMANNAN (GM)

Em relação ao diagnóstico da Aspergilose Invasiva existe uma grande dificuldade para se chegar a um resultado específico e exato. Para o diagnóstico definitivo é necessário a visualização de elementos fúngicos nos tecidos obtidos por biópsia ou punção aspirativa com agulha do sítio de infecção, aliados com achados radiológicos e micológicos de evidência clínica.<sup>10,11</sup> No entanto, exames histológicos requerem procedimentos invasivos e frequentemente são excluídos, uma vez que os pacientes suspeitos são indivíduos imunodeprimidos, principalmente aqueles neutropênicos, os quais são submetidos a tratamentos quimioterápicos e aqueles pós transplantes de células tronco.<sup>12,13</sup>

Já a cultura a partir de amostras biológicas possui baixo valor preditivo positivo, visto que, nem sempre pode ser diferenciado se um resultado positivo é referente à doença invasiva, ou contaminação.<sup>14</sup> No entanto, novas abordagens diagnósticas têm se baseado na detecção de marcadores circulantes, antígenos ou constituintes da parede celular fúngica.

Estes biomarcadores foram incluídos como critério micológico em consenso sobre doenças fúngicas invasivas (DFI) elaborado pela European Organization for Research and Treatment of Cancer/ Invasive Fungal Infection Cooperative Group and the National Institute of Allergy and Infectious Diseases Mycoses Study Group (EORTC/MSG).<sup>15</sup> Este consenso foi projetado para pesquisa clínica e estudos epidemiológicos. Ademais, eles foram adotados por



agências reguladoras para avaliação de antifúngicos e para avaliação de testes diagnósticos, todavia essas definições não são indicadas para direcionar ou guiar o atendimento ao paciente.<sup>16</sup>

O consenso elaborado pelo EORTC/MSG propõe definições padronizadas para o diagnóstico da DFI baseadas em fatores do hospedeiro, critérios clínicos e evidência micológica, dos quais faz parte a detecção do antígeno Galactomannan (GM) em plasma e no líquido cefalorraquidiano como critério comprovado para o diagnóstico da Aspergilose Pulmonar Invasiva. Os níveis de probabilidade atribuídos são: DFI “comprovada”, “provável” em pacientes com câncer e transplantados de células tronco hematopoiéticas ou transplantes de órgãos sólidos.<sup>15</sup>

O desenvolvimento de ensaios para detectar os biomarcadores de antígeno GM de pacientes com risco de AI melhorou significativamente o manejo dela. Ademais, estudos recentes apontaram que a negatividade persistente da reação em cadeia da polimerase (PCR de GM) e detecção do antígeno Galactomannan por ELISA (GM-ELISA) é suficiente para excluir a infecção e suspender ou interromper a terapia antifúngica sem afetar negativamente o prognóstico do paciente.<sup>11</sup> No entanto, para a realização da PCR-GM é necessária validação de ensaios e equipamentos de laboratório molecular, os quais estão disponíveis somente em grandes centros laboratoriais, assim como existe uma limitação da disponibilidade de testes GM-ELISA para pequenos centros diagnósticos.<sup>17</sup>

O diagnóstico definitivo é realizado através da combinação de achados clínicos, juntamente com métodos laboratoriais e estudos de imagem. Além disso, mesmo apresentando baixa sensibilidade e recuperação fúngica baixa, a cultura fúngica continua sendo o padrão-ouro diagnóstico e, se positiva, permite guiar a terapia através do teste de suscetibilidade, quando necessário.<sup>18</sup>

### **1.1.1 Detecção do antígeno Galactomannan por ELISA - GM ELISA**

O Galactomannan (GM) é um heteropolissacarídeo termoestável que está presente na parede do *Aspergillus* spp. sendo liberada durante o crescimento da hifa e germinação de conídios no tecido que é infectado. A molécula imunogênica com sítios imunorreativos contém unidades de galactofuranose.<sup>19,20</sup> Cada espécie fúngica possui GM com propriedades químicas diferentes entre si. A GM é um biomarcador que contribui para diagnóstico da AI, uma vez que o antígeno é liberado na circulação sanguínea durante o crescimento das hifas nos tecidos do hospedeiro. Ainda, por ser hidrossolúvel, o antígeno pode ser encontrado em diferentes

amostras clínicas, como no soro, urina, líquido cefalorraquidiano e no lavado bronco alveolar (BALF).<sup>11,20-22</sup>

A metodologia mais utilizada é realizada por ensaios imunoenzimáticos do tipo Elisa sanduíche, no qual é utilizado o anticorpo monoclonal de rato EBA-2 dirigido contra *Aspergillus galactomannan*. O antígeno é ligado aos poços da microplaca, a qual é revestida com o anticorpo EBA-2, o resultado, então, pode ser detectado por uma reação colorimétrica medida por densidade óptica.<sup>23</sup>

O desempenho do teste apresenta sensibilidade e especificidade variada, a depender do tipo de amostra, no soro e no líquido do lavado brônquico alveolar.<sup>24</sup> No entanto, em amostras de lavado bronco alveolar mostrou sensibilidade e especificidade próximas de 95 %, o que sugere boa precisão diagnóstica.<sup>8,23</sup> Ademais, as diretrizes europeias recomendam, atualmente, o uso de Galactomannan no lavado brônquio alveolar como um critério micológico para diagnóstico da AI.<sup>25</sup>

Entretanto, o teste pode apresentar reações cruzadas com outros fungos, mesmo sendo específico para *Aspergillus spp*, essas reações podem ocorrer com os microorganismos da família Trichocomaceae, *Fusarium spp.* e *Histoplasma capsulatum*.<sup>23</sup>

Além disso, o teste GM possui algumas limitações, pois apresenta resultados falsos positivos em pacientes com infecções bacterianas, em tratamento com antibióticos B lactâmicos, em transfusões de sangue, e Hemodiálise, já os resultados falsos negativos estão relacionados a profilaxia antifúngica e a doença não invasiva.<sup>6,11,23</sup>

A cinética de liberação da GM ainda não é bem conhecida, o que se sabe é que fatores como o estado imunológico do hospedeiro, sítio da infecção, fase de crescimento do fungo, podem influenciar na concentração de GM liberada. Assim, quanto mais GM é detectada no tecido infectado, maior é o crescimento fúngico, mesmo que o paciente não tenha sinais clínicos da infecção.<sup>6</sup>

### **1.1.2 Ensaio de Fluxo Lateral para detecção de Galactomannan - (GM-LFA)**

O Ensaio de Fluxo Lateral Galactomanana (GM-LFA) é um teste imunocromatográfico sanduíche para a detecção qualitativa e quantitativa de *Aspergillus spp.* a partir de amostras de soro e BAL. A metodologia é semelhante ao teste de gravidez amplamente utilizado, eliminando a necessidade de equipamentos avançados de laboratório, pela simplicidade de uso, é conhecido como teste Point Of Care, ou popularmente: como teste rápido.<sup>26-28</sup>

O princípio metodológico do Fluxo Lateral utiliza anticorpo monoclonal específicos de GM conjugados com ouro nano coloidal, os quais se ligam aos epítomos do antígeno GM, se estiver presente na amostra, à medida que acontece a corrida nas duas zonas testes da tira por fluxo capilar, o resultado positivo resulta na formação de uma linha de teste visível. O controle do teste se dá pelos anticorpos conjugados com ouro que fluem junto com a amostra, os quais são capturados pelos anticorpos presentes na linha de controle.<sup>29</sup>

Para realizar o teste são necessários em média 300 µl amostra, BALF ou soro, a qual é pré tratada para que ocorra a ligação eficaz dos anticorpos de detecção. A amostra, então, é desnaturada por aquecimento para minimizar a interferência das proteínas presentes, assim como para liberar o GM para a detecção, em seguida é centrifugada e acrescentada ao tampão de corrida. Após o tratamento as tiras testes são inseridas nessa mistura, que após 30 minutos os resultados já podem ser interpretados manualmente, como também através de leitor digital, o qual fornece um valor quantitativo, que corresponde aos títulos de GM presente na amostra.<sup>22</sup>

O teste apresenta reação cruzada com a cultura positiva para outros fungos que produzem galactofuranose, como por exemplo *Paracoccidioides brasiliensis*, *Coccidioides* spp., *Histoplasma* spp., *Fusarium* spp. e *Candida* spp., no entanto não está claro a relevância clínica e se é verdadeira essa reatividade ou se esses pacientes estão coinfetados com os fungos relacionados acima.<sup>30</sup>

Estudos recentes encontraram uma sensibilidade e especificidade do GM-LFA para AI comprovada ou provável variando de 80% a 90% na leitura visual, o que pode ser uma alternativa confiante ao ELISA-GM para confirmar ou excluir um diagnóstico de AI.<sup>27</sup> Ainda, quando testado em amostras de BALF mostrou-se mais sensível e específico do que a amostra sorológica.<sup>17</sup>

Além do mais, quando utilizado a leitura automatizada o teste apresentou boa acurácia diagnóstica e uma boa concordância ao teste ELISA -GM, visto que remove a subjetividade do operador, como também fornece um valor quantitativo, o que permite a comparação direta com o GM-ELISA, logo, pode ser usado com confiança para monitorar a resposta à terapia ou determinar prognóstico do paciente.<sup>17,26</sup>

O teste GM-LFA apresenta bom desempenho diagnóstico, além de ser rápido e de fácil manuseio, pode superar a limitação do tempo de realização do teste convencional GM-ELISA, o que pode facilitar ainda mais o diagnóstico de AI no local de atendimento. Como também, é clinicamente relevante para direcionar a terapia precoce do paciente, o que pode determinar um bom prognóstico.<sup>8,18,20,26,27</sup>

## 1.2 OBJETIVOS

### 1.2.1 Objetivo geral

O trabalho visa comparar duas metodologias para detecção de antígenos do *Aspergillus* spp. no diagnóstico de Aspergilose Invasiva: Galactomannan pelo método de Elisa (GM Elisa) e por imunocromatografia GM-LFA (Ensaio de Fluxo Lateral Galactomannan).

### 1.2.2 Objetivos específicos

- a) Revisar a literatura sobre a Aspergilose Invasiva;
- b) Avaliar o perfil de pacientes para os quais são solicitados os exames de Galactomana no HCPA;
- c) Revisar a metodologia diagnóstica não cultural para Aspergilose Invasiva;
- d) Comparar o método ELISA- GM com o GM Lateral Flow para o diagnóstico;
- e) Avaliar o desempenho da metodologia GM-LFA.

### 3 CONCLUSÃO E PERSPECTIVAS

A metodologia de LFA mostra-se promissora para o diagnóstico da Aspergilose Invasiva, a fim de diminuir a dificuldade para o estabelecimento da doença, visto que, o diagnóstico definitivo é feito através de procedimentos invasivos, o que muitas vezes é limitante, devido ao perfil de pacientes acometidos. Além do mais, o teste padrão GM – ELISA é demorado e necessita de lotes de amostras para o ensaio diagnóstico, também como de laboriosos equipamentos de laboratório, o que dificulta o diagnóstico, e conseqüentemente, o início do tratamento ao paciente.

Diante do exposto faz-se necessária a abordagem de metodologias simples e rápidas para o diagnóstico da Aspergilose Invasiva e que possam detectar marcadores da doença antes das suas manifestações clínicas desta. Além disso, o diagnóstico rápido e preciso visa adequar o tratamento desses pacientes aumentando sua sobrevida.

Portanto, o presente trabalho conclui que o teste GM-LFA apresenta bom desempenho diagnóstico, além de ser rápido e de fácil manuseio, não só supera a limitação do tempo de realização do teste convencional GM-ELISA, como também pode facilitar ainda mais o diagnóstico de AI no local de atendimento, pois não necessita de grandes equipamentos laboratoriais. Além disso, o menor tempo do ensaio é clinicamente relevante para direcionar a terapia precoce do paciente, o que pode determinar um bom prognóstico.<sup>8,18,20,26,27</sup>

No entanto há poucos estudos que abordam outros pacientes, que não sejam hematológicos que foram submetidos ao diagnóstico pelas metodologias acima mencionadas, o que sugere a realização de outros estudos, com pacientes de outros grupos de risco à Aspergilose Invasiva.

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## ANEXO A – NORMAS DE PUBLICAÇÃO DO BRAZILIAN JOURNAL OF INFECTIOUS DISEASES



### THE BRAZILIAN JOURNAL OF INFECTIOUS DISEASES

Official publication of the [Brazilian Society of Infectious Diseases](#)

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#### DESCRIPTION

*The Brazilian Journal of Infectious Diseases* is the official publication of the Brazilian Society of Infectious Diseases (SBI). It aims to publish relevant articles in the broadest sense on all aspects of microbiology, infectious diseases and immune response to infectious agents.

The *BJID* is a bimonthly publication and one of the most influential journals in its field in Brazil and Latin America with a high impact factor; since its inception it has garnered a growing share of the publishing market.

#### AUDIENCE

Infectious Disease specialists

#### IMPACT FACTOR

2019: 1.971 © Clarivate Analytics Journal Citation Reports 2020

#### ABSTRACTING AND INDEXING

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## GUIDE FOR AUTHORS

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### Introduction

The Brazilian Journal of Infectious Diseases is the official publication of the Brazilian Society of Infectious Diseases (SBI). It aims to publish relevant articles in the broadest sense on all aspects of microbiology, infectious diseases and immune response to infectious agents. The BJID is a bimonthly publication and one of the most influential journals in its field in Brazil and Latin America with a high impact factor, since its inception it has garnered a growing share of the publishing market.

The article publishing charge (APC) that authors, their institutions or funding bodies pay, covers all expenses needed to support the publication process.

For articles submitted from 16th July 2018, the APC to publish a paper in the Brazilian Journal of Infectious Diseases is USD 1,500 for original and review articles, and USD 600 for case reports, short communications and letters.

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